



Mr. Matt Pinckard General Manager, Singapore

"I started working with Joanne in May 2023 and completed my coaching journey in November 2023. This was a Coach hub course sponsored by my company for personal development, but it gave me the opportunity to work on any areas I chose too. We started by discussing my personal and professional life and then I was asked to complete a Saboteurs Assessment (Inherited Traits) and this was very accurate and allowed us to work on things that impacted me the most. We discussed ways of both coping with these situations better and the tools I could employ myself to do this but also looking at my own traits and how they may have led to these situations occurring in the first place.

Following the conclusion of this programme, I feel happier and more centered, and this was a lot to do with Joanne's approach, dedication and commitment to helping me achieve my goals. I can't recommend Joanne highly enough and if you go into this with an open mind and willingness to work on yourself, you'll no doubt get great results. Thanks Joanne, it was a pleasure working with you."





Ms. Renata Radziune Founder, HR Guide

"It was my pleasure to work in peer coaching with Joanne Chua. Our work was productive as Joanne is very good listener, she is great in summing up what is being said and asking questions right to the point. I'm very happy with the result we achieved during series of sessions we had. I'm recommending Joanne Chua as a professional ACC coach."

Mr. Albert Jabre

Jordan

"I was coached by Joanne for a few month. She helped me better understands my skills compared to my personality. I gain insights on how I unconsciously hinder or support my progress. She is a great listener, do not impose her opinion but rather helped me reach the conclusions by myself."





Mr. Nick Lim Deputy Director Private University

"I have been coached by Joanne over the period of 3 months and it has helped me made tremendous progress in my career life. Joanne is an amazing coach towards career transition and solutioning."

Ms. Mandy Irvine

Singapore

"Joanne is a fantastic coach. She has helped me see things differently when I am feeling stuck or too focused on one outcome. In our first session together, I found it very easy to bond with Joanne, her compassionate nature told me that she honestly cares for my progress which keeps me feeling at ease during our sessions. I would recommend Joanne to anyone looking for a coach."

Ms. Nisha Gupta Strategic Consultant, Facilitator, Certified Coach

"It has been a pleasure to work with Joanne. Her approach to coaching is strategic and well thought out. She is able to listen well and get to the heart of the issue. I highly recommend her."





## Mrs. Ho Parent, Singapore

"I have a chance to consult Joanne about parenting skill with my young teenagers. The coaching session was very helpful to help me develop better parenting communication with my children. She used counselling therapy in the first 3 sessions to help me work towards decluttering my belief and subsequently using coaching to help me work towards my desired outcome. I liked this kind of blended approach as I understand myself much better, I find I am more positive and smiling with myself."

## Ms. Pamela Anderson

#### Vancouver

"Joanne has coached me over 3 sessions and it was very helpful for me, I have seen a significant shift in the way I worked towards my goals, and I have also gain self-confidence as a person. Coaching has helped me explore my strength and gain much insights about myself. If you are looking for a coach to help you personally, Joanne is very strong in using thought provoking methodology to expand your potential and awaken your hidden talents."



what our CLIENTS SAY

Ms. Jacqueline Smith Positive Psychology Coach | Mindfulness Instructor | Expat Transitions Coach Montevideo, Uruguay

"Over the past 6 months, Joanne has helped me to gain great insight into different situations in my life - from career to personal life challenges. What I have enjoyed most about working with Joanne is her deep understanding and listening as a coach. I feel that I can bring any topic to her and that I'm in good hands. She's very honest, encouraging, supportive, yet challenges you when it's needed. I've found the sessions not only thought provoking but motivating as well. I get stuff done after coaching with Joanne and would highly recommend her!"

## Ms. Lora M.

Executive Coach (ACTP), LL.M. (Frankfurt) / Attorney at Law / Solicitor (Non-Practicing) The Inner Advocate (Executive Coaching for Lawyers)

"Joanne is a highly skilled coach, using deeply reflective questions to expand one's possibilities in and understanding of life. I look forward to every time we speak as I know the conversation will take me even further than I expected to go."





Ms. Roisin Reynolds Economic Development Consultant United Kingdom

"Joanne is a thoughtful and skillful coach. She creates a calm safe space for reflection and her questions prompted valuable insights throughout our sessions. Joanne's focus on solutions supported me to explore strengths and how to draw upon them to achieve my objectives. Joanne is a great listener, and a particular strength is hearing what is unsaid and bringing that to the surface. Working with Joanne was engaging and energizing - it was a pleasure being coached by her!"

#### Ms. Svitlana Penievska Personal effectiveness and Career Coach, ACC | Founder at AKA Coaching Netherland

"I was coached by Joanne a few months long and I have reached great results both in my private and professional areas. Joanna helped me to stay on course during very turbulent and totally new stage of my life. I faced a lot of challenges that were strengthened by the lockdown and total isolation as my family stayed far away from me. Joanne gave me a warm feeling and great support as if she was my good friend, yet she provided space for me to deal with all the challenges on my own and helped me to become a stronger woman. Joanne is very kind and straight to the point at the same time. She doesn't waist your time but gets you directly where you want be. We don't work anymore together yet I think about Joanne often. And if I'm down or face difficulties I ask myself "what would Joanne tell me now?" and the right answer pops up in my mind right away. I do feel support of Joanne even now."





Mr. Benjamin Loh School Teacher, Singapore

"My colleagues and I attended a mental wellness awareness webinar by Ms. Joanne Chua. It was a very enlightening session as I learn how to manage my stress symptoms and observed the signs of burnout. I also learnt the tips and ways to manage my negative emotion so as not to spiral into variants of mental injury. Indeed, great education talk."

Ms. Stella Owen B. Bay, America. San Francisco CA 94105. United States

"The learning of leadership development was a great learning for me, I realized I have so many gaps to fill in to be a level 6 leader. My session with Ms. Joanne was very enlightening, she did not interrupt my thought process but ask me powerful question to stretch my thinking and allow me to discover a different way to manage my challenges."

Mr. Endrew Lim Logistics Executive, Singapore

"I have been coached by Joanne on my career development for the past months, I gain insights on how I can be introspective to explore my inner resources to gain direction in my career path. I am glad to have a career coach to guide me in my career transition."





#### Ms. Wang ZY Beijing, China

"It has been an eye opening in learning about myself through the 4 sessions of coaching I had with Joanne. I have seen the shift of perspectives in my way of viewing my career path, I am able to know the reasons of my constant negative emotions and patterns, this help me to move forward and able to use the positive tools/techniques to achieve my desired goal. Thank you, Joanne, for your support and insights in the coaching sessions."

Ms. Fitri Adi Anugrah Head of Communications ICRC Regional Delegation to Indonesia and Timor Leste

"My Coaching session with Joanne was very fruitful and helpful. Her guidance helps me to communicate more assertively especially to my superior. I also learned to overcome my fear and regained my self-confidence. The techniques she suggested is easy to do on daily basis, but the impact is really good."



# TALK to US

Let's unpack your challenges together.

We're ready to listen and work with you to create breakthroughs.



WA +65 9320 3795



Talk\_To\_Us@Mind-Stream.Co

